STREATERIES

WEEK 1

Autumn/Winter 2026-27
31/08/26, 21/09/26, 12/10/26, 02/11/26, 23/11/26, 14/12/26, 04/01/27, 25/01/27, 15/02/27, 08/03/27

MAINS

	MAINS	VEGGIE
MON	STICKY HONEY GINGER MEATBALLS & BEANSPROUTS (Halal) *With* EGG NOODLES	MISO ROAST AUBERGINE & EDAMAME WITH STICKY CHILLI GLAZE (V) *With* EGG NOODLES
TUE	CAJUN CHICKEN STACK, TOPPED WITH MARINARA AND CHEESE (Halal) *With* GARLIC & HERB WEDGES	CAJUN ROASTED VEGETABLE & BUTTERBEAN BAKE (V) *With* GARLIC & HERB WEDGES
WED	ROAST CHICKEN DINNER WITH STUFFING & GRAVY (Halal) *With* SKIN ON GARLIC ROASTIES	CAULIFLOWER & SQUASH CHEESY GRATIN (V) *With* SKIN ON GARLIC ROASTIES
THU	CHICKEN TIKKA PATHIA CURRY WITH MINT YOGHURT (Halal) *With* BRAISED RICE	ALOO GOBI VEGETABLE CURRY (V) *With* BRAISED RICE
FRI	BATTERED FISH SAUSAGE/VEG SAUSAGE (Halal) PIZZA SLICE CHICKEN NUGGETS (Halal) *With* CHIPS, GRAVY or IRISH CURRY SAUCE	PIZZA SLICE (V) VEGGIE SAUSAGE (V) *With* CHIPS, GRAVY or IRISH CURRY SAUCE

VEGETABLES/SALAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WOK FRIED VEGETABLES	RED SLAW	RED CABBAGE & BROCCOLI	COCONUT GREEN BEANS	GARDEN PEAS OR BAKED BEANS

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ASPENS COOKIE	APPLE TART TATIN & CUSTARD	CHOCOLATE ORANGE SHORTBREAD	BANANA CHOC CHIP CAKE	HOMEBAKE FAVOURITES

Fresh Cut Fruit & Yogurt Pots *available daily*

KEY: HALAL (Halal), VEGGIE (V)

NOT JUST POTATOES...

LOADED SPUDS!



SO GOOD THEY'RE HERE TO STAY

MONDAY	TUESDAY	WEDNESDAY
CARBONARA LOADED SPUD	MEXICAN BEAN CHILLI LOADED SPUD	THAI GREEN VEG CURRY LOADED SPUD

THURSDAY	FRIDAY
CHICKEN TIKKA PATHIA LOADED SPUD	ALL THE CLASSICS

AVAILABLE EVERY DAY

BEANS • CHEESE • TUNA



ASPENS

REGULAR CHEF'S SPECIALS



HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

HOT DELI KITCHEN



SELECTION OF PIZZAS AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PIRI CHICKEN WRAP	KATSU CHICKEN BURGER	ROAST CHICKEN & STUFFING ½ BAGUETTE	CHEESY NACHO DOG	LOADED CHIPS PEPPERONI MARINARA

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY

TOMATO SAUCE & CHEESE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CARBONARA SPAGHETTI POT	MEXICAN BEAN CHILLI RICE POT	THAI GREEN CURRY VEGETABLE NOODLE POT	SPICY CHICKEN PENNE	CLASSIC MAC CHEESE

BIG BOWL SALADS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN CAESAR SALAD	CHICKEN CAESAR PASTA SALAD	MISO ROASTED AUBERGINE & CHICKPEA SALAD	ASIAN VEGETABLE & CHICKPEA NOODLE SALAD	SALAD SPECIAL

DAILY

MEAL DEALS



Freshly Made from Scratch

DAILY!

STREATERIES

WEEK 2

Autumn/Winter 2026-27
07/09/26, 28/09/26, 19/10/26, 09/11/26, 30/11/26, 21/12/26, 11/01/27, 01/02/27, 22/02/27, 15/03/27

MAINS

	MAINS	VEGGIE
MONDAY	HONEY MUSTARD CREAMY CHICKEN BAKE SPAGHETTI (Halal)	FIERY ROASTED CHILLI & OLIVE PENNE PASTA BAKE (V)
TUESDAY	HAND PRESSED BBQ GLAZED CHICKEN & APPLE BURGER (Halal) *With* APPLE SLAW & HAND CUT WEDGES	VEGGIE DOG & APPLE SLAW (V) *With* HAND CUT WEDGES
WEDNESDAY	ROAST CHICKEN DINNER WITH STUFFING & GRAVY (Halal) *With* SKIN ON GARLIC ROASTIES	LENTIL & ONION PUFF PASTRY PIE (V) *With* SKIN ON GARLIC ROASTIES
THURSDAY	SLOW ROAST CHICKEN CARNITAS TACO & GREEN CHILLI SALSA (Halal) *With* TOMATO RICE	MEXICAN BEAN QUESADILLA & GREEN CHILLI SALSA (V) *With* TOMATO RICE
FRIDAY	BATTERED FISH (Halal) SAUSAGE/VEG SAUSAGE (Halal) PIZZA SLICE CHICKEN NUGGETS (Halal) *With* CHIPS, GRAVY or IRISH CURRY SAUCE	PIZZA SLICE (V) VEGGIE SAUSAGE (V) *With* CHIPS, GRAVY or IRISH CURRY SAUCE

VEGETABLES/SALAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GARLIC GREENS	MIXED SALAD	CARROTS & CAULIFLOWER	CRUNCHY FIESTA SALAD	GARDEN PEAS OR BAKED BEANS

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ASPENS COOKIES	OLD SCHOOL SPRINKLE SPONGE	STICKY TOFFEE PUDDING	APPLE & PEAR CRUMBLE & CUSTARD	HOMEBAKE FAVOURITES

Fresh Cut Fruit & Yogurt Pots *available daily*

KEY: HALAL (Halal), VEGGIE (V)

ASPENS

NOT JUST POTATOES...

LOADED SPUDS!



SO GOOD THEY'RE HERE TO STAY

MONDAY	TUESDAY	WEDNESDAY
GARLIC CHICKEN ALFREDO	CHICKEN KORMA	SWEET & SOUR VEGGIES

THURSDAY	FRIDAY
MEXICAN CHICKEN CARNITAS	ALL THE CLASSICS

AVAILABLE EVERY DAY

BEANS • CHEESE • TUNA



REGULAR CHEF'S SPECIALS



HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

HOT DELI KITCHEN



SELECTION OF PIZZAS AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ CHICKEN WRAP	CHEESE & JALAPENO TOASTIE	ROAST CHICKEN & STUFFING ½ BAGUETTE	2oz SNACK BURGER	CHEESY CHIPS

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY

TOMATO SAUCE & CHEESE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GARLIC CHICKEN ALFREDO SPAGHETTI	CLASSIC CHICKEN KORMA RICE POT	SWEET & SOUR VEGGIE NOODLES	BEST EVER BOLOGNESE SPAGHETTI POT	CLASSIC MAC CHEESE



BIG BOWL SALADS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRAIN & SEED BIG BOWL SALAD	CHARRED PINEAPPLE GRAIN BOWL	CAJUN CHICKEN & SWEET POTATO COBB SALAD	SOUTH WESTERN CHICKEN & AVOCADO SALAD	SALAD SPECIAL

DAILY

MEAL DEALS



Freshly Made from Scratch

DAILY!

STREATERIES

WEEK 3

Autumn/Winter 2026-27
14/09/26, 05/10/26, 26/10/26, 16/11/26, 07/12/26, 28/12/26, 18/01/27, 08/02/27, 01/03/27, 22/03/27

MAINS

	MAINS	VEGGIE
MON	CLASSIC CHICKEN SAUSAGE, MASH & ONION GRAVY (Halal)	QUORN SAUSAGE, MASH & ONION GRAVY (V)
TUE	CHICKEN ADANA 'KEBAB' SERVED ON A FLATBREAD (Halal) *With* HOUSE CHILLI OR GARLIC SAUCE	HOMEMADE FALAFEL SERVED ON A FLATBREAD (V) *With* HOUSE CHILLI OR GARLIC SAUCE
WED	ROAST CHICKEN DINNER WITH STUFFING & GRAVY (Halal) *With* Skin on Garlic Roasties	ROASTED ROOT VEGETABLE GALETTE *With* Skin on Garlic Roasties
THU	MALAYSIAN CHICKEN RENDANG (Halal) *With* Coconut Rice	CURRIED EDAMAME LAKSA & BEANS SPROUT (V) *With* Egg Noodles
FRI	BATTERED FISH SAUSAGE/VEG SAUSAGE (Halal) PIZZA SLICE CHICKEN NUGGETS (Halal) *With* CHIPS, GRAVY or IRISH CURRY SAUCE	PIZZA SLICE (V) VEGGIE SAUSAGE (V) *With* CHIPS, GRAVY or IRISH CURRY SAUCE

VEGETABLES/SALAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PEAS & CARROTS	MIXED SALAD	MIXED GREENS	TOMATO & CUCUMBER CHILLI SAMBAL	GARDEN PEAS OR BAKED BEANS

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ASPENS COOKIE	OATIE PINEAPPLE MUFFIN	OLD SCHOOL TOFFEE TART	DATE BROWNIE	HOMEBAKE FAVOURITES

Fresh Cut Fruit & Yogurt Pots *available daily*

KEY: HALAL (Halal), VEGGIE (V)

NOT JUST POTATOES...

LOADED SPUDS!



SO GOOD THEY'RE HERE TO STAY

MONDAY	TUESDAY	WEDNESDAY
MEATBALL MARINARA	TERIYAKI CHICKEN	CHICKEN TIKKA MASALA

THURSDAY	FRIDAY
PULLED CHICKEN CARBONARA	ALL THE CLASSICS

AVAILABLE EVERY DAY

BEANS • CHEESE • TUNA



ASPENS

REGULAR CHEF'S SPECIALS



HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

HOT DELI KITCHEN



SELECTION OF PIZZAS AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CRISPY CHICKEN BURGER	LOADED GARLIC BREAD WITH TURKEY HAM & RED ONION	ROAST CHICKEN & STUFFING ½ BAGUETTE	CHICKEN BIRYANI BURRITO	BBQ CHEESE LOADED CHIPS

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY

TOMATO SAUCE & CHEESE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEATBALL MARINARA PENNE	TERIYAKI CHICKEN NOODLES	CHICKEN TIKKA MASALA RICE POT	PULLED CHICKEN CARBONARA SPAGHETTI	CLASSIC MAC CHEESE



BIG BOWL SALADS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TOMATO & BASIL PASTA SALAD WITH PESTO DRIZZLE	ITALIAN CHICKEN PASTA SALAD	SUPERFOOD SALAD BOWL	QUINOA & FETA HEALTH BOWL	SALAD SPECIAL

DAILY

MEAL DEALS



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DAILY!